PHYSIO SOTON

Therapy in clinic or your home

Physiotherapy Support for Residents & Staff

Local, flexible MSK physiotherapy delivered on-site to *support resident independence, reduce falls, and improve staff wellbeing.*

Key Benefits

- **Resident Mobility** & Falls Prevention
- Pain Management & Post-Fall Rehabilitation
- **Staff** Musculoskeletal Wellbeing
- Flexible On-Site or Clinic-Based Support

Resident Physiotherapy

Staff Wellbeing Support

Contact Physio Soton

www.physio-soton.co.uk

Call: 02382 182416

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Email: info@physio-soton.co.uk

Services for Residents

- Home physiotherapy for **mobility,** balance & post-fall rehabilitation
- Pain management for joints, muscles & soft tissues
- Diagnostic ultrasound to guide accurate treatment

Services for Staff

- **Musculoskeletal support** for workplace aches & injuries
- **Advice** for safe movement & wellbeing
- Early intervention to reduce sickness absence

Advanced MSK Services

- Ultrasound & Guided Injections

- *Clinic-Based Physiotherapy*

Why Care Homes Choose Physio Soton

- Local, Responsive Service
- Support for Residents & Staff
- No Long-Term Contracts
- Aligned with CQC Standards

About the Physiotherapist

- HCPC Registered & Chartered (CSP)
- Specialist in MSK & Injections
- Experienced & Insured

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