

## Physiotherapy and Rehabilitation with Physio-Soton

- Home visits in Southampton and the surrounding areas
- I help patients with musculoskeletal and neurological conditions
- Each session lasts at least 45 minutes
- Therapy may include: osteopathic techniques, manual therapy, therapeutic massage, myofascial techniques, active and passive exercises, joints mobilizations, help with walking, transfers and strength and balance exercises
- Appointments can be scheduled between 11:00 – 19:00, Monday to Friday

Number of sessions	Price	Saving
1	£60	-
4*	£220	£20
6*	£329	£31
8*	£399	£81
10*	£469	£131
12*	£529	£191

\*Please note, an advance payment is required for mid- and long term therapy options

Physio Soton  
26 Odiham Close  
Southampton  
SO16 8JL

Tel: 07835224603  
E-mail: [info@physio-soton.co.uk](mailto:info@physio-soton.co.uk)  
[www.physio-soton.co.uk](http://www.physio-soton.co.uk)  
[www.back-pain-solution.co.uk](http://www.back-pain-solution.co.uk)

